

Could YOU be a lifesaving donor?

My name is Margaret Ratcliffe and I am a School Business Manager at James Rennie School in Carlisle. My son James is currently undergoing treatment at the Freeman Hospital in Newcastle for a blood disorder and will require a bone marrow transplant at the end of his treatment and needs to find a match, as do 1000's of others.

We have had tremendous support from family, friends and colleagues and with the help of the Anthony Nolan Trust have organised a Donor Registration Clinic at -

James Rennie School on 16 July 2009, 4pm to 8pm

Please come along - it can take 10 minutes to save a life.

Just think - you or your loved ones may also need help in the future and it is vital that we all do what we can. It is so easy to leave it to others but what would happen if we all did this?

The Anthony Nolan Trust is the UK's largest and most successful bone marrow register, and is responsible for finding matches for all patients in need of bone marrow transplants. I would urge you all to visit the Anthony Nolan website to see the work that they do and to learn how easy it is both to register and also to donate. Registering could save a life, maybe my sons.

You must be aged 18-40 (inclusive) and in good health to be able to join the register. All that is required is to read a booklet, complete a medical form and give a small sample of blood – 4mls – **just a teaspoon!** This is then tested and entered onto the bone marrow register, where it may one day prove to be a match for a patient needing a transplant.

Donating bone marrow is not a painful experience. In fact there are two different methods of donating; one of which is very similar to giving blood – no operations, no pain, just the knowledge that you may have saved someone's life.

For more information you can ring me on 01228 554281, or you can visit - www.anthonynolan.org.uk or call 020 7284 1234.

WE CAN ALL DO SOMETHING WORTHWHILE AND GIVE THE GIFT OF LIFE



