

2009 - 2010

SEASON



RFU  
NORTH 1  
EAST LGE

**SANDAL**  
Saturday, 5th September 2009



# CARLISLE RFC

## PROGRAMME & NEWSREEL



### ADMISSION FREE

*(A collection will be made before half time—please give generously)*



*David Morton  
Club  
Secretary*

## MORT'S MUMBLINGS

Welcome back after the summer break . Hopefully reinvigorated and ready for more of the ups and down of league rugby. Changes to the RFU league structure see us “promoted” to North 1 East. Just cosmetic though - most of the leagues have been renamed. If the strength of the rugby is as good as the last two seasons then we can look forward to an exciting time.

Head coach, Richard Metcalf, has been working his charges hard during pre-season training and we must hope that we can build a springboard for a successful season, with an early opportunity to put some league points on the table. Of the first eight league matches, five are at home - we open today versus Sandal and the next four games on home turf are against Old Brodlieans who are newly promoted, Darlington (just relegated) and Hartlepool Rovers (promoted). As they say, “the answer lies in the soil” in our case, home soil!

At least we won't be going down the road of one Level 6 North side who, last season, paid their playing staff a combined sum in excess of £170K. Well, if that's what the game is coming to.....in todays climate - blood money!

## MATCH DAY SPONSOR



*Bill Swarbrick  
Club Chairman*

 Clydesdale Bank

## PRESIDENT'S CHAT

It is a privilege and pleasure as President of the Club to welcome Sandal for the first league game of the new season. Lasy tear they did the double over us and finished higher in the North 2 East League. We shall be looking for a better result today.

I would like to take this opportunity to pay tribute to John Tiffen for his major contribution to the Club as President over the last 13 years. Tony Hargreaves is in place as vice president and the most you will have to put up with me is 2 years!

The return fixture with Sandal is on 10th April 2010 and I hope there will be time to visit one of my favourite canal side pubs—The Navigation at Dirkar near exit 39 on the M1 from where you head west a short distance in the direction of Denby Dale - if we can find time for a pint of their best beer!

## CAPTAIN'S CRACK

Well, it seems like a long time ago we played our last league game of the season; but pre-season has been and gone in a flash and I can safely say we are all keen for the proper rugby to start. This is why we all love the game, this is why we all dedicate so much time to the Club, this is what it's all about - league rugby! Friendlies & cups come and go, but the league motivates us week in and week out, it us something to judge the whole season by, as a Club. The whole Club looks to the 1st XV for its general status, so we should all be proud to represent the Club & the city. It therefore gives me great pleasure to welcome new players to the senior squad, from within the Club and outside. To those that have left other clubs, thank you and we are sure you will be a great addition; to those from the colts - well done - you are proof that hard work pays off. Let's start today with 2 points!

## ABOUT OUR SPONSOR

The staff at the CLYDESDALE BANK BUSINESS CENTRE, KINGSTOWN ROAD, CARLISLE, have been regularly sponsoring our opening game of the season for a while now. We are delighted that they have chosen to do so again this season and are grateful for their generous support. No doubt they, and their guests, will make it a most enjoyable afternoon, as always in great style!



*David Burnett  
President*



*Steve Stamper  
Club Captain*



*All the crack  
this week*

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*The views  
expressed in these  
columns may not  
be the official Club  
opinion.*

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*Sandal  
Rugby Club*

## GOSSIP COLUMN

Married on 26th July, we send our best wishes for the future to skipper **STEVE STAMPER** and his beautiful bride **NICHOLA BERESFORD-JONES**. Sad though we were to see him depart, good luck to **MATT CHARTERS** at Kendal where we are sure he will grace the Mint Bridge pitch with his consummate skills. You will always be welcome at Warwick Road where your 100% effort was always appreciated, **STEVE ALECOCK** is taking a year out from his duties with the Colts. His effort was without question and we hope your batteries are fully recharged when you return. Welcome on board to **GARY FLEMING**, a centre of some experience with Tynedale and who comes to us to strengthen our coaching team as a specialist backs coach. We know you will enjoy your time with us. **DAVID KIDD** makes a welcome return too, back to pester us! He is going to help **PETE RIDDLE** with the Crusaders. It's great that you have returned to the fold. "BIFF" is having to think twice about the away game at Durham! Congratulations to the mum of **DAVID ATKINSON**, who recently celebrated her 100th birthday. Well done. Need stitched up? **Physio CLAIRE** now qualified! Congratulations to Scrappy (Sarah) and the Cougars coach, Jason Spires, on the recent birth of their son, Thomas Jay Spires. Inevitably, he will make a great ball boy and coach in the future.

## ABOUT THE VISITING TEAM

Founded in 1927 by Mr Claude Beaumont the Club is based in the suburbs of Wakefield. Gradual progress was made in the various Yorkshire competitions and they have established themselves as a prominent junior club in the area. They won the Yorkshire Shield in 1932 / 33 and the following season they made it to the final of the Yorkshire Cup, losing out to Otley at Braford by 19 pts to 3 pts

## MINI & MIDI RUGBY

Registration day recently was a great success and the indications are that another great season is in prospect. IAN SCOTT continues as chairman; BARRY ISRAEL is now vice chairman in addition to his tasks as fixture secretary and registration officer. FIONA TAYLOR has taken over as secretary from MOIRA FISHER who will be a hard act to follow. A comprehensive fixture list has been framed, and sees us still travelling far and wide to ensure enough rugby to satisfy the appetite. It is sad though that we have to look for most of our junior rugby out of the county - find details on website.



*Enjoying  
rugby*

## NEIGHBOURS PROGRESS

ASPATRIA start the season in North West 1 after a level transfer back from the NE league. **PEN-RITH**, newly promoted could find life tough at the top, especially with their inconsistent pack. Some disquiet in the camp caused by some player payment may have an impact! **CREIGHTON** need to improve in the Cumbria League after a bad experience last time round.

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*Got a story or  
some crack! Then  
contact the Editor  
before noon on the  
Wednesday before  
the next match.*

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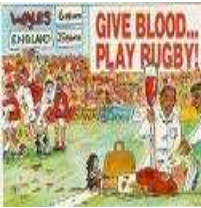
## TWADDLE FROM TWICKERS

The Bath “trio” have been given 9 month suspensions for failing to submit to drug tests. Rather a light sentence that perhaps sends out the wrong signals from Twickers. Given that they are supposed to be professionals, an example should have been made with a lengthy sentence to hopefully act as a meaningful deterrent. One law for the pros and another for the rest of us springs to mind! If all that wasn’t bad enough, what about the “Blood-gate” farce? It all goes to prove that money is, after all, the root of many of our ills. Boot them out



ENGLAND  
RUGBY

*Rugby Foot-  
ball Union*



The new motto at Harlequins!

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*Best wishes to  
**STEFAN**  
HELIES waiting  
for surgery to  
repair last  
season's  
damage!*

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*Great  
value*

## CUP RUNNERS UP 2007 –08



## NOTICE BOARD

Apart from the usual hum drum of mundane fund raising, plans are a foot to have a major fund raising event or events at the Club over the first weekend in May 2010. It is hoped that there will be events on the Friday, Saturday and the Sunday. Apart from your expected support, your help will be needed on the run up to this weekend, and doubtless someone will try to reign you in! WATCH THIS SPACE FOR DETAILS.

## CLUB SHOP / SUPPLIES

The Club Shop is well stocked with current rugby merchandise. Shop opening times are displayed in the window. Please give the shop a visit to make your rugby purchases. As well as kit in varying sizes many goods suitable for those gifts at birthday and Christmas time are available. Only a small profit is made on the cost price - so please give your patronage to the shop.

## COMMITTEE NEWS

At the AGM on the 8th July, a new President was appointed to succeed JOHN TIFFEN, who stands down after thirteen years at the helm. Although it has been the custom to continue until “death us do part”, John decided that it was right and proper that others should have the chance to become president. Hence, we welcome David Burnett as our leader for the next two years. Others elected or re-elected were: Tony Hargreaves as Vce President, Bill Swarbrick as Chairman, David Morton to be Secretary, Alan Hodgson continues as Treasurer and Steve Stamper was re-elected as the Club Captain. With no new nominations for a place on the General Committee, David Atkinson, Tony Hargreaves, Dave Rawling and Martin Plummer were all re-elected for another two year stint. Incorporation is delayed whilst we wait for the Revenue to sign off and return documents.

## MEMBERSHIP

Membership of the Rugby Club remains at £20 and is extremely good value for money. But, for the first time, this season we have introduced a playing subscription for all playing members of the Club. The “match tax” has been abolished and the playing subscription has been applied across the board, with appropriate reductions for students and discretionary payments for those out of work. Taking the senior XV as an example, with 26 league games the £100 playing subscription equates to £3.85 per game as opposed to £4 under the “match tax” system. Include any additional fixtures, then the figure per match comes down further.

## CLUB FACILITIES

The facilities at Warwick Road are exceptional and the Club is a favourite venue for a variety of functions in varying sizes. We can cater for small conferences, seminars, receptions, funeral teas, christenings, wedding receptions, birthdays and the like.

We are open 7 days a week and the pleasant ambience of our facilities is well worth considering for anything you may be organising in the future,

Hire, bar & catering available all at reasonable charges.



*The committee table*

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*Recovering  
from surgery to  
his shoulder -  
LEE  
BRUMPTON -  
back soon we  
hope*

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*Function Room*



**CARLISLE v SANDAL**  
Saturday, 5th September 2009  
Kick off 3.00 pm

**RFU NORTH 1 EAST**



**ALISTAIR JONES**

Cumbria Referee's  
Society

*WELCOME TO  
THE REFEREE  
TODAY*

**REMEMBER—RESPECT THE  
REFEREE AT ALL TIMES—ON  
AND OFF THE FIELD**



**RUGBY FOOTBALL  
FOUNDATION**

*John & Barbara  
Tiffen*



**THE MATCH  
BALL  
SPONSOR**



**THANK YOU FOR YOUR  
GENEROUS MATCH BALL  
SPONSORSHIP**

**OUR "PHYSIO" TEAM**



**LEFT**  
*Claire Mowbray*

**RIGHT**  
*Jen McCreadie*



PLAYING TODAY		
NO	CARLISLE RFC	SANDAL
15	George GRAHAM	Tom COAD
14	Dan HOLMES	Alan JOHNSTONE
13	Chris HARRIS	Danny MITCHELL
12	Lee ASKEW	Matt HEMINGWAY
11	Kieron LITTLE	Stef LIG
10	Glen WEIGHTMAN	Tom SMITH
9	Ben BLAIN	Max WHITTINGHAM
1	Steve STAMPER (C)	James PURCELL
2	Tom GRAHAM	James HERON
3	Martin McGIMPSEY	Rob NORBURY
4	Aidan DAY	James RILEY
5	Martin GREALISH	Rob OVERTON
6	Matt DAVIS	Tom HIRST
7	Mark ALLAN	Alastair BURGESS
8	Mark BARRON	Sam WHITTINGHAM
16	Dan SMITHSON	Jonny DIX
17	Gareth WYLIE	Tim WILSON
18	Matt ROGERS	Ben BRINDLEY
19		
20		



*Richard Metcalf  
Head Coach*



*Martin Plummer  
Chairman of  
Rugby*

## NORTH 2 EAST LGE TABLE

National League 2 - 2007-08												
31 April 2008												
Team	P	W	D	L	F	A	Diff	Pts	Adj	Form	Goal	Goal
Oldham	20	15	0	5	611	334	277	30	0			
Old Crossleyans	21	15	0	6	417	330	87	30	0			
Billingham	21	14	0	7	465	311	154	28	0			
Pontefract	21	14	0	7	434	344	90	28	0			
Sandal	20	13	0	7	418	293	125	26	0			
Morpeth	21	11	1	9	438	382	56	23	0			
<b>CARLISLE</b>	<b>21</b>	<b>9</b>	<b>2</b>	<b>10</b>	<b>363</b>	<b>437</b>	<b>-74</b>	<b>20</b>	<b>0</b>			
Gateshead	20	9	1	10	423	348	75	19	0			
Aspatria	21	7	1	13	377	449	-72	15	0			
Driffield	20	6	2	12	359	436	-77	14	0			
Durham City	21	6	0	15	320	498	-178	12	0			
Ilkley	21	1	1	19	254	717	-463	3	0			

Team	P	W	D	L	F	A	Diff	Pts	Adjust
Penrith	20	15	0	5	611	334	277	30	0
Old Crossleyans	21	15	0	6	417	330	87	30	0
Billingham	21	14	0	7	465	311	154	28	0
Pontefract	21	14	0	7	434	344	90	28	0
Sandal	20	13	0	7	418	293	125	26	0
Morpeth	21	11	1	9	438	382	56	23	0
<b>CARLISLE</b>	<b>21</b>	<b>9</b>	<b>2</b>	<b>10</b>	<b>363</b>	<b>437</b>	<b>-74</b>	<b>20</b>	<b>0</b>
Gateshead	20	9	1	10	423	348	75	19	0
Aspatria	21	7	1	13	377	449	-72	15	0
Driffield	20	6	2	12	359	436	-77	14	0
Durham City	21	6	0	15	320	498	-178	12	0
Ilkley	21	1	1	19	254	717	-463	3	0

## OUR LEADING SCORERS

PLAYER	TRY	CON	PEN	DG	PTS

## LEAGUE LEADING SCORERS

PLAYER	CLUB	TRY	CON	PEN	DG	PTS

*Keep up to date with all the latest League data*



## NORTH 1 EAST TODAY

HOME	versus	AWAY
Billingham	v	Old Brodlieans
CARLISLE	v	Sandal
Darlington	v	Pontefract
Driffield	v	Percy Park
Durham City	v	Old Crossleyans
Gateshead	v	Morpeth
Hartlepool Rovers	v	Ilkley



## LAST TIME OUT

HOME	versus	AWAY

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*The data was believed to be accurate when going to press*

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## STAR MAN v

A new feature this season to add a little interest! **MATT CHARTERS** (right), but who has now moved on to Kendal, was chosen as both **CLUB PLAYER OF THE YEAR** and **PLAYERS PLAYER OF THE YEAR** for last season, and received his awards at the annual presentation night.





*Pete Riddle  
Crusaders Man-  
ager*

## CRUSADERS

Another season in the Candy League beckons and we open today at home to DARLINGTON MOWDEN PARK. We can only hope that they turn up, because last season they seemed to have an aversion to crossing the Pennines. The arrangements for this season are the same as last time around. The league will be split in the New Year, with teams in each half playing each other at home and away. There is no reason why we shouldn't feature in the top half - get stuck in lads you can do it!

## 'CANDY' LEAGUE TABLE

The "Candy" League Table

will be regularly updated

in this column once the season gets

under way

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*Arron Murray & his  
partner Kyila  
(Sandy Butler's  
daughter) are  
awaiting a new  
arrival!*

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## CUMBRIAN CRACK

JOHN OWEN the RFU Council Member for Cumbria was elected as the President of the RFU at their AGM and we offer him our congratulations on his appointment to this high office - an accolade that no one Cumbrian has ever achieved before him. It is right also that we should send our good wishes to ROGER HACKNEY from Penrith who has taken over from Owen on the RFU Council. Well done.



*John Owen  
RFU President*

## HORNETS

The Hornets embark on another season in the Cumbria Shield League where they have been consistent in recent times. Hopefully, some of those clubs on the western fringes of the county will put a little more commitment into fulfilling their fixtures this time around. Whilst we appreciate that there are difficulties from time to time (and we are not immune) it is not good enough to cancel a match with kick off only two or three hours away. Rugby needs to survive at all levels and our 3rd XV depends on the sincerity of other clubs who provide the opposition! Good luck.



*The Hornets  
are buzzing!*

## COLTS CORNER

A change in the Colts set up this season. Phil Healy and Steve Alecock have stepped back and Mike Howe and Paul Minnett have now taken over the reins. They are looking forward to the challenge of not only continuing the good work of their predecessors in turning out consistently good squads, but also keeping the production line running for the senior sides. We all wish you the best of luck! Today Colts at Austin Friars.

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*Soon to be a dad -  
ADAM SPENCER -  
we hope you get  
some boots as  
present too!*

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## COLTS LEAGUE TABLE

Subject to  
Durham RFU continuing to  
update the records, a  
Northern Saturday Colts League Table  
will appear in this space





*Ladies  
Rugby*

## CARLISLE COUGARS

The Cougars look forward to kicking off their season with a couple of friendly fixtures in September. Tomorrow, they host Watsonians, a strong team from Edinburgh. The same fixture at their place two years ago resulted in a Carlisle victory, so the Scots will be up for the re-match. On 13th the ladies travel to Leeds to continue their preparations. Pre season has been good with consistent numbers turning up to be put through their paces by Johnny Taylor. The squad size is looking good in general but if anyone knows any forwards of the female variety please invite them down!

Philippa Bell represented Carlisle at the Women's Elite Higher Performance Academy at Harrogate on 22nd/23rd August. It is great to have a Cougar on the next step of the player pathway. Well done.

## RFUW NORTH 2 TABLE

Team	P	W	D	L	F	A	Diff	B Pts	Pts	Adjust
Altrincham Kersal Ladies	11	9	0	2	424	97	327	6	42	0
Sheffield Ladies	11	8	0	3	335	102	233	7	39	0
<b>CARLISLE COUGARS</b>	<b>9</b>	<b>5</b>	<b>0</b>	<b>4</b>	<b>139</b>	<b>186</b>	<b>-47</b>	<b>4</b>	<b>24</b>	<b>0</b>
Darlington Ladies	9	5	0	4	197	161	36	3	23	0
Scunthorpe Ladies	10	4	0	6	162	217	-55	4	20	0
York RI Ladies	9	2	0	7	78	355	-277	2	10	0
Ormskirk Ladies	9	1	0	8	17	234	-217	0	4	0

*Chris Harris, & Max  
Connon successes  
in 'A' levels mean  
both going to North  
East for university.  
Well done lads!*

## CARLISLE JAZZ CLUB

As ever, the Carlisle Jazz Club continues to thrive using Carlisle RFC as its base. Meeting on most Thursday nights throughout the year, there is a convivial atmosphere with jazz for all tastes on offer. Starting from 7.30 pm until late, guests are welcome to join Jazz Club Members on the payment of a nominal admission fee. Keep an eye on the notice board in the Club for events.



*Crazy  
Jazz*

## LAST SEASON V SANDAL



## PERSONALITY OF THE WEEK

COLIN JACKSON is a stalwart of the Club having come up through the ranks. After an outstanding playing career, he now passes on his invaluable experience from his days in the pack, as a forwards coach..



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*Matt Davis going into management with Tesco after his 'A' level results. Well done - and we need Tesco as sponsors!*

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## TIFFEN & CO

Tiffen & Co (Estate Agents) have kindly printed our match programmes for a number of years now, but we are now printing our own in house publications. The Club would like to place on record sincere thanks for their generosity and for the contribution they have made. We appreciate your support and know that it will continue.



2009 - 2010

SEASON

Carlisle Rugby Football Club  
Rugby Ground, Warwick Road, Carlisle, CA1 1LW

01228 521300 [www.carlislerugby.co.uk](http://www.carlislerugby.co.uk)



English  
Clubs  
Championship

## RESPECT FOR THE REFEREE

The referee is an integral part of our game. Simple, no referee, no game! Please treat the referee with respect. Like the rest of us he will make mistakes but such instances should not be a signal to subject him to any form of abuse, verbal or otherwise. *WARNING, anyone found to have engaged in any form of abuse directed at the referee can expect to be subjected to an RFU disciplinary process.*

## 1st XV FIXTURES / RESULTS

DATE	FIXTURE	SCORE	DATE	FIXTURE	SCORE
05.09	SANDAL		12.12	BILLINGHAM	
12.09	Billingham		19.12	Old Brodlians	
19.09	Old BRODLIEANS		09.01	Darlington	
26.09	DARLINGTON		16.01	DRIFFIELD	
03.10	Driffield		23.01	Durham City	
10.10	DURHAM CITY		30.01	GATESHEAD	
17.10	Gateshead		13.02	Hartlepool R.	
24.10	HARTLEPOOL R.		20.02	ILKLEY	
31.10	Ilkley		06.03	Morpeth	
07.11	MORPETH		13.03	O.CROSSLEYANS	
14.11	O.Crossleyans		20.03	Percy Park	
28.11	PERCY PARK		27.03	PONTEFRACT	
05.12	Pontefract		10.04	Sandal	