



### RFU LEAGUE NORTH 2 EAST 2008 - 2009

Team	P	W	D	L	F	A	Diff	Pts	Adjust
Billingham	13	10	0	3	312	167	145	20	0
Penrith	11	9	0	2	345	156	189	18	0
Old Crossleyans	12	9	0	3	206	201	5	18	0
Sandal	12	8	0	4	260	179	81	16	0
Pontefract	12	7	0	5	227	248	-21	14	0
Driffield	12	5	1	6	248	234	14	11	0
Gateshead	11	5	0	6	240	190	50	10	0
Morpeth	11	5	0	6	222	211	11	10	0
<b>CARLISLE</b>	<b>11</b>	<b>4</b>	<b>2</b>	<b>5</b>	<b>191</b>	<b>238</b>	<b>-47</b>	<b>10</b>	<b>0</b>
Aspatia	12	4	0	8	195	236	-41	8	0
Ilkley	12	1	1	10	149	365	-216	3	0
Durham City	11	1	0	10	108	278	-170	2	0

ALL YOUR LEAGUE DATA

#### OTHER N 2 E GAMES TODAY

ASPATRIA	DURHAM CITY
BILLINGHAM	ILKLEY
DRIFFIELD	GATESHEAD
PONTEFRACT	PENRITH
SANDAL	OLD CROCS

#### RESULTS FROM 17.01.2009

DRIFFIELD	20-20	CARLISLE
GATESHEAD	26-6	OLD CROCS
PENRITH	32-5	ILKLEY

#### CARLISLE LEADING LEAGUE POINTS SCORERS 2008—2009

PLAYER	TRIES	CONS	PENS	DG'S	PEN TRIES	PTS
G.WEIGHTMAN	3	10	21			98
<b>C.HARRIS</b>	<b>4</b>					<b>20</b>
G.GRAHAM	2	1	1			15
L.BRUMPTON	2					10



CARLISLE RFC OFFICIAL CLUB BADGE

RFU NORTH 2 EAST LEAGUE

# CARLISLE RFC SEASON 2008 - 2009



## MORT'S MUMBLINGS



Welcome to the first game of 2009 at Warwick Road, where there has been a dearth of rugby since we beat Durham City on 13th December. Weather has wreaked havoc with the fixture programme and despite the match at Driffield last week, we still have two more games to pull back. A little more finesse in the depths of Yorkshire last week would have seen us

capture both league points, so it is essential that today we pick up the cudgels to ensure a solid victory against our friends from Morpeth. Our visit to them earlier in the season was

unproductive, ably assisted by a referee using a watch that he forgot to wind up! Let's hope that we can make up for that disappointment this afternoon and produce some rugby that does credit to the cause. The fact that there may be no relegation at the end of the season is not an issue and we should aim to finish in the top half of the league at least.

INSIDE	
SPONSOR	2
CAPTAIN	2
GOSSIP	3
YOUTH	5
THE TEAMS	6
RFU NEWS	8
LGE FACTS	12

Saturday, 24th January 2009  
2.15 pm versus  
**MORPETH**



## PASSION FROM THE PRESIDENT

I have been encouraged by the gradual improvement that has been apparent, and I am especially impressed with the young talent that it coming through our coaching system. I know that there is no promotion or relegation at the end of the season and I know that all con-

cerned will make every effort to finish as high as possible in the league.

Today, I am delighted to welcome the President, his committee and players from Morpeth. I missed the trip to the north east so I look forward to meeting old friends this afternoon. I

hope they enjoy their visit to Warwick Road and that our hospitality is to their liking, although I hope our lads are not too indulgent on the field.

My thanks also to the match sponsors this afternoon - S & N Breweries - even if they have put up beer prices lately!

*An honest view from the man leading the troops into battle*

## STEVE'S STAMP ON THE GAME

After the longest enforced festive season lay off in living memory we are finally back on track. Indeed we have caught up on one of our games in hand and are progressing in the right direction. The trip to Driffield last week was as pleasant as ever and to come away with one point was just about fair reward for our endeavors. But for a couple of costly minor mistakes the result should have been much different.

This week is a different prospect again. Morpeth are 'owed one' by the Carlisle lads as we simply didn't turn up at their place. So today, for 80 minutes, we need to make Warwick road as inhospitable as possible. Give no quarter, take no backward step and settle the score with the lads from the North East. *Good to see too that the 48 unbeaten game run at pool came to an end last week, when Mark Barron & Bobby Sherlock were knocked off their perch at The Fox Hall Inn by youngsters Tom Graham & Glen Weightman.*



## THE MATCH SPONSOR(S) TODAY



We are very grateful for the generosity of S & N Breweries who are the match sponsors at Warwick Road this afternoon. Their help and support during the course of the year is much appreciated, even if the price of their products has been creeping up of late. Not all their fault. Thanks again.



## NEXT - HOME OR AWAY?

TEAM	VERSUS	DATE	VENUE	KICK OFF
1ST XV	Gateshead	31 Jan	Away	2.15 pm
CRUSADERS	DURHAM	31 Jan	HOME	2.15 pm
HORNETS	SILLOTH	14 Feb	HOME	2.15 pm
COLTS	ALWICK	31 Jan	HOME	2.15 pm
COUGARS	York	25 Jan	Away	2.15 pm
JUNIOR	Various	25 Jan	H & A	Various



## ACKNOWLEDGEMENT

HOME HOME

**Tiffen & Co**  
**ESTATE AGENTS**

32 Lowther Street, Carlisle, CA3 8DH  
01228 515666

*Grateful thanks to Tiffen & Co for their generous assistance with the programme printing.*

## GALLERY / DRIFFIELD



Action from Driffield



Weightman takes kick



## EGM ON 27TH FEBRUARY



(1st

CARLISLE RUGBY FOOTBALL CLUB

EXTRAORDINARY GENERAL MEETING

THURSDAY, 26<sup>TH</sup> FEBRUARY, 2009 AT 9.00 PM  
(1<sup>st</sup> calling notice)

To consider three motions, full details of which will be issued in due course and in accordance with the Club Constitution. In brief they are:

- 1) to incorporate the Club so that it is limited by guarantee;
- 2) to give the General Committee authority to impose a charging regime for the use of the car park;
- 3) to allow variation to the frequency of committee meetings.

D.D.MORTON – Secretary – 13<sup>th</sup> January 2009

*'A warm welcome always awaits you at the popular Jazz Club'*

## CARLISLE JAZZ CLUB

Carlisle Jazz Club offers a great night out on a Thursday for fans of the various types of jazz. The club meets most Thursday nights throughout the year in the Rugby Club. All are welcome, although non-members of the jazz club are expected to pay a small cover charge. Keep your eye on the notice board for future events. The next



event of note on Thursday, 29th January features Martin Bennett's "SWAMPLANDS". All welcome - members and non-members ensured of a warm welcome and a great night out.

## SPONSORSHIP & FUND RAISING

Fund raising and sponsorship is a vital part of helping to run the Club. Whilst we are very grateful for all those firms, organisations and individuals that support our Club, we are always seeking to broaden our horizons. If you, or anyone you know, is interested in helping to sustain rugby at Warwick Road, please ask them to visit our website - [www.carlisle rugby.co.uk](http://www.carlisle rugby.co.uk) - for details.



## GOSSIP COLUMN



Guess who had to be supplied with a bottle on a recent Dublin flight. Use of the WC being prohibited during take off, PAUL SENIOR was given a bottle to fill by the stewardess! Congratulations to BILL LAIDLAW and NICKI SNELLING who were married on 27.12.2008 and held their evening 'do' at the Club. *GEORGE GRAHAM had a good day out at Ilkley. He lost all the drinking challenges on the way home and on arrival at Carlisle spent 10 minutes trying to switch on his 'phone to ring Aimee to collect him - to the great amusement of all around him.* Congratulations to "BIFF" MCGIMPSEY and his wife on the birth of their third child - a son Marshall - mum and baby both doing well but dad still a little tired! NIGEL ARISMANDEZ ran out of steam in his car on the way home from Driffield - his car sprung a leak and coach RICHARD METCALF and LIAM NICHOLLS had to push the car back from Scotch Corner to Penrith - and the team coach passed them without realising who they were! Another promising youngster has been registered for senior rugby - MAX CONNON. We look forward to admiring his skills in the back division where he is reported to be a safe pair of hands, elusive and speedy.

## GOSSIP PLUS

Continuing congratulations to MATT SHIELDS who made it to the final England (Schools) 18 squad. Likewise, GRANT CONNON who got through to the Irish equivalent. Well done to both.

Date for your diary—

the two postponed league games have been re-scheduled as follows: ASPATRIA at home on 7th February at 2.15 pm. ILKLEY away on 28th February at 2.15 pm. Losing at Darlington MP was no bar to a longer than usual stop over at the Fox Hall Inn. Suitably refreshed, that encouraged

Josh Holmes and Jack (anew boy) to have a naked race gliding across the seats of the bus from back to front for the onward journey to Carlisle. Each had several good slaps across the backside as they passed through the coach. Hope they were all CRB checked! Josh said his only discomfort was that his knees were sore. (See mischief on page 5 for yet more misdemeanours.

*Hatches, matches, despatches and other chat and rumour to keep you informed*

## CLUB SHOP

The Club shop is gradually being restocked with new merchandise to reflect the new strip that has been taken into use this season. Many new items are now available at very reasonable prices and members are encouraged to support the enterprise for all their rugby needs. As well as the routine stock that is held, special orders can be catered for. Visit the shop or contact Martin Plummer for your special needs.





## CRUSADERS IN THE 'CANDY' LEAGUE

Now in the 2nd division of the split CANDY league, the CRUSADERS ended up travelling to DARLINGTON MP last week to get their rugby. MP should have travelled to Warwick Road but came up with some spurious excuse to try and avenge our thrashing of them earlier in the season. Not renowned for their travelling prowess, they could manage a XV at home but not one to come to Carlisle. They did get their revenge with a score line of 41 pts to 10 pts. Perhaps not we would have wished for but at least we made the same journey for the second time in as many months! Matt Rodgers touched down for the Crusaders and Max Connon added the conversion together with a penalty. Today, Morpeth Reivers are our opponents in one of the few "friendlies" that now remain since the inception of the Candy League. We know the game will be played in a good spirit and we thank them for travelling.

*There'll  
always  
be a  
buzz in  
their  
matches*

## HORNETS IN THE SHIELD LEAGUE

The Cumbria Shield league has now been split for the second half of the season. Like many other teams, progress for the HORNETS has been limited due to the inclement weather in recent weeks. ST BENEDICT'S should have come calling at Warwick Road last week, but water logging put a stop to that. The lads are in a good position to claim the league title and will be hoping to have some action Today they travel to Bleach Green (for the second time this term) where they take on EGREMONT. Taking nothing for granted but league points should be available from this encounter! The Hornets are now building up for their Dublin tour at the end of February.

## NEIGHBOURING NEWS

Nearest neighbours, CREIGHTON, have slumped, and are stuck on the bottom of the Cumbria League. Sad really, despite the efforts of those who are trying their best, only to be thwarted by an apparently intransigent minority who prefer to live in the past! **WIGTON** keep on with their efforts to get out of North Lancs. A win at home last week keeps them in close touch with the play off slots. **PENRITH** continue to chase promotion to North 1 and kept up the pressure on the leaders with a comfortable home victory over **ILKLEY** last Saturday. **KENDAL** slumped out of the cup at **SEDGELY PARK** where they were well beaten, although **LEWIS BOYD** notched up a try for his team.



## CRUSADERS - CANDY LEAGUE 2008 - 2009

Division 1												
Pos	Team	Pld	W	L	D	F	A	diff	4T	<7	Pts	PFCM
1	Tynedale Raiders	3	3	0	0	63	38	25	0	0	12	0
2	West Hartlepool Stags	2	2	0	0	51	25	26	1	0	9	0
3	Morpeth Reivers	2	1	1	0	39	45	-6	0	0	4	0
4	Westoe II	2	0	2	0	28	35	-7	0	2	2	0
5	Hornden II	2	0	2	0	29	56	-27	1	1	2	0
6	Blaydon Georgians	1	0	1	0	15	26	-11	0	0	0	0

  

Division 2												
Pos	Team	Pld	W	L	D	F	A	diff	4T	<7	Pts	PFCM
1	Darlington MP II	2	1	1	0	56	27	29	1	1	6	0
2	Carlisle Crusaders	3	1	1	1	73	54	19	0	0	6	5
3	Durham City II	1	1	0	0	17	15	2	0	0	4	0
4	Middlesbrough Wasps	1	0	0	1	13	13	0	0	0	2	0
5	Penrith II	0	0	0	0	0	0	0	0	0	0	0
6	Sunderland II	0	0	0	0	0	0	0	0	0	0	0
7	Darlington Bulls	1	0	1	0	0	50	-50	0	0	0	0

## COLTS LEAGUE TABLE

Saturday Under 18s League at 04/12/2008						
	Played	Won	Lost	Fair Play Points	League Points	Total Points
Alnwick	3	3	0	1	16	13
Wigton	3	2	1	0	12	12
Westoe	3	2	1	0	12	12
Morpeth	3	2	1	0	12	12
Penrith	3	2	1	0	10	10
<b>CARLISLE</b>	<b>4</b>	<b>0</b>	<b>4</b>	<b>0</b>	<b>6</b>	<b>6</b>
Northern	2	0	2	0	2	2

## COUGARS - RFUW CN2 LEAGUE 2008 - 09

Team	P	W	D	L	F	A	Diff	B Pts	Pts	Adjust
Sheffield Ladies	8	7	0	1	323	71	252	6	34	0
Scunthorpe Ladies	8	4	0	4	162	130	32	4	20	0
Darlington Ladies	6	4	0	2	182	70	112	2	18	0
Altrincham Kersal Ladies	6	4	0	2	132	65	67	2	18	0
<b>CARLISLE COUGARS</b>	<b>7</b>	<b>3</b>	<b>0</b>	<b>4</b>	<b>74</b>	<b>169</b>	<b>-95</b>	<b>2</b>	<b>14</b>	<b>0</b>
Ormskirk Ladies	7	1	0	6	17	176	-159	1	5	0
York RI Ladies	6	1	0	5	56	265	-209	1	5	0

## RICHARD METCALF—CLUB COACH



RICHARD METCALF joined the Club in the close season as Club Coach and brings with him a wealth of rugby coaching experience and administration. He is married with a family and now lives in Whitehaven. Most recently he was working as the manager of the Newcastle Falcons Academy from where he came to the city. Previously, Richard was a coach at St Benedict's and we can well recall the stealthy sides that he produced for the Mirehouse side, a venue where a result was never easy to achieve under his stewardship. Whilst coaching there, he was also the RFU Rugby Development Officer for Cumbria and is well known throughout the north. A straight talking man who does not suffer fools gladly, he gradually moulding the side to his style.

*Keep up to date with the latest crack and news from the HQ of the game.*

## TALK FROM TWICKENHAM!

The time is almost nigh (well in the summer at any rate) for the translation to the office of RFU President of the Cumbria RFU Council Member, John Owen. With that in mind the opening salvos have been fired by some of those in the race to succeed him as the Council Member. Whilst no official notification has yet been received from Cumbria RFU about the election procedure, at least two of the intended candidates have circulated their CVs in anticipation of a contest. Roger Hackney (a former county President & Treasurer) was first out of the starting gate, with Tom Hurst (Cumbria Police and Penrith) not far behind. Carlisle RFC Rugby Committee will need to decide who we want to support once we know who all the declared candidates are. We need to be sure that we get someone who will represent all the clubs and administrators in the county and not just a favoured few - a trait that has been prevalent in the past.

## COUGARS

The Cougars started the year as they mean to go on, with a win, beating Scunthorpe ladies 19 pts to nil. It was only the second home game the women have had this season and conditions were less than favourable for either side. The match was covered on ITV Border News as three of our players, Lucy Meadley, Phillipa Bell and Sarah Elsy, will begin regional training and matches for the north east during February. The final regional match against the north west will be at Penrith RUFC on Sunday 15th March, and the Cougars are hopeful that this game will raise the profile of, and generate more interest in, the women's game. Next match away at York on Sunday



## MISCHIEF

The HOG ROAST dues to be held this evening had to be cancelled due to lack of support. Thanks though, to those who were prepared to support the event had it gone ahead.

FRANNY DIXON and his girlfriend have had a little girl, AMELIA GEORGINA DIXON. All well. Congratulations.

Earlier reference (page 3) to the new arrival in the McGIMPSEY family. The new arrival is being celebrated after the game today—head wetting (but whose)!

Twins, DAN & JOSH HOLMES had an early celebration of their 19th birthday (the 18th) when they partied along with team mates in the Club last Saturday night. It was a sight to behold with them taking part in a naked wrestling contest!

Trinidad & Tobago import, NIGEL ARISMANDEZ had to have his Club "hoody" specially made. An XXXL is currently on the manufacturers production line!

ANDY NASH, currently starring the second row for the CRUSADERS is leaving soon after a short spell in the city. Work is taking him south and we all wish him well for the future.



## MATT MINETT - GET WELL SOON

MATT MINETT (son of Paul), who plays for our under 15 team has been very seriously ill with pneumonia and a form of blood poisoning. He spent some time in the ICU at the Cumberland Infirmary before being transferred to the Freeman Hospital at Newcastle for intensive treatment. Matt started with flu like symptoms that developed into a life threatening condition. Fortunately, he is now making steady progress and is now back at home in Carlisle where he continues to recuperate. Everyone at Carlisle RFC wishes him a speedy and complete recovery. Get well soon!

*Get your kids and grandkids Involved on Sunday mornings. Ages 7 - 16*

## YOUTH AND JUNIOR RUGBY

Junior and youth rugby has suffered badly as a result of the weather with no matches played since the end of November. An improvement is hoped for over the next few weeks because the guys are getting frustrated at not being able to show off their talents. Planning for all the end of season festivals is now well on and the usual successes will be expected! Junior rugby would hope to emulate a senior success this afternoon with similar outcomes tomorrow!



**ANY FORM OF ABUSE OF THE REFEREE WILL RESULT IN DECISIVE ACTION BEING TAKEN BY CARLISLE RFC.**

PLAYER KIT DONOR	CARLISLE	V	MORPETH
<i>Cumbria Bar Hire</i>	Stephane HELIES	15 FB	Liam CASEY
<i>Autogas (Cumbria) Ltd</i>	Matthew CHARTERS	14 RW	Alan ROGERS (Captain)
<i>C &amp; D Farmers Mart PLC</i>	Chris HARRIS	13 OC	Barry HILLS
-	Liam NICHOLLS	12 IC	Paul MOONEY
<i>Holmes &amp; Simpson (York)</i>	Dan HOLMES	11 LW	Stewart HILLS
<i>A &amp; MT McWalters Transport</i>	Glen WEIGHTMAN	10 SO	Matthew JINKS
<i>Dempsey's Wine Bar</i>	George GRAHAM	9 SH	Chris REYNOLDS
<i>Crown Cabling Systems Ltd</i>	Steve STAMPER (Captain)	1 LH	Graham YOUNGER
<i>The Drove Inn, Roweltown</i>	Tom GRAHAM	2 H	Aaron CHARLTON
<i>Por-Tect UK</i>	Martin McGIMPSEY	3 TH	David DICKINSON
-	Aidan DAY	4 SR	Joe FORSYTH
<i>The Golden Fleece, Ruleholme</i>	Nigel ARISMANDEZ	5 SR	Andy SHIPPEN
<i>H &amp; H King Estate Agents</i>	Bobby SHERLOCK	6 BS	Johnny CUNNINBHAM
<i>Encompass Ltd</i>	Mark BARRON	7 OS	Richie ARMSTRONG
<i>The King's Head Inn</i>	Lee BRUMPTON	8	Andy DUGGAN
	<b>REPLACEMENTS</b>		
<i>Dempsey's Wine Bar</i>	Martin GREALISH	16	Scott RAMSEY
<i>W.Allan &amp; Son (Scrap Metal)</i>	Mark ALLAN	17	Rory MORRISON
<i>Sandy Butler</i>	Martin PLUMMER	18	That man A.N.OTHER
		19	
<b>WITH GRATEFUL THANKS</b>	<b>REFEREE</b>	<b>CIARON TRAINOR</b>	<b>CUMBRIA SOCIETY</b>

**A WARM WELCOME TO THE REFEREE TODAY AND WE HOPE HE ENJOYS HIS GAME AT WARWICK ROAD AND THE HOSPITALITY IN THE CLUBHOUSE AFTERWARDS**



**SPECIAL THANKS TO THE MATCH BALL DONOR (S) TODAY:  
*Mr David Burnett***

